

MINISTRY OF NATIONAL SECURITY

GOVERNMENT OF THE REPUBLIC OF TRINIDAD AND TOBAGO

WHAT'S HAPPENING

May 27, 2022

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INDIAN ARRIVAL DAY GREETINGS FROM THE MNS EXECUTIVE







On the occasion of the 177th Anniversary of the arrival of East Indians to Trinidad and Tobago, The Minister of National Security, Permanent Secretaries and other members of the Executive Leadership of the Ministry of National Security extend best wishes to staff members on the historic commemoration of Indian Arrival Day, which will be observed on Monday May 30, 2022.

The Ministry takes the opportunity to recognize the East Indian customs and cultures which have contributed to the development of Trinidad and Tobago. As we reflect on the observance, let us take a moment to appreciate that occasions like these serve to fortify our cultural tapestry, foster togetherness and weave us tighter together as a strong and diverse nation.

Happy Indian Arrival Day to all!

May 27, 2022

DEFENCE AND PROTECTIVE SERVICES SHOWCASE THEIR TALENT IN SPORT





Members of the Defence and Protective Services demonstrated their athletic skills at the National Association of Athletics Administrations of Trinidad and Tobago (NAAATT) Relay Festival, held on Sunday May 22, 2022 at the Hasely Crawford Stadium in Port of Spain.

Copping first place in the Women's 4 x 100 Metre Relay – Protective Services was the Trinidad and Tobago Fire Service team of J. Wight, E. Hercules, K. Augustine, and A. Glasgow.

May 27, 2022

Coming away as the winner of the Men's 4 x 100 Metre Relay – Protective Services was the Trinidad and Tobago Air Guard represented by T. George, J. John, A. Pierre, and K. Joefield.

Also taking part in the respective male and female meets were members of the Trinidad and Tobago Regiment; Trinidad and Tobago Police Service; and Trinidad and Tobago Prison Service.

The Ministry of National Security congratulates all Divisional participants on a race well run.





May 27, 2022

PREPARATION TIPS FOR THE 2022 RAINY SEASON



The 2022 Wet Season for Trinidad and Tobago has begun! The Trinidad and Tobago Meteorological Service (TTMS) predicts above average rainfall activity for the period, therefore, it is necessary that everyone *Get Ready and Stay Ready*, in order to protect life and property, by taking the following steps:

- Place important personal documents, valuables and vital medical supplies into a waterproof bag or container in an accessible location;
- Monitor weather conditions from official sources.
 Regularly visit the website and social media profiles of the
 TTMS and the Office of Disaster Preparedness and
 Management (ODPM) www.metoffice.gov.tt and
 www.odpm.gov.tt, for weather forecasts, alerts, warnings
 and cancelations;

May 27, 2022

- Pre-position sandbags around your property, especially if your area or property has a history of flooding;
- If there are signs that flooding is about to occur near your property, move important items to a higher floor if possible;

• Learn the toll-free hotline numbers of your Municipal

Corporation.

Name of Corporation/Agency	Hotline Numbers
Arima Borough Corporation	800-2ABC (2222)
Chaguanas Borough Corporation	800-DCBC (3222)
Couva/Tabaquite/Talparo Regional Corporation	800-CTTC (2882)
Diego Martin Regional Corporation	800-DMRC (3672)
Mayaro/Rio Claro Regional Corporation	800-4MRC (4672)
Penal/Debe Regional Corporation	800-PDRC (7372)
Point Fortin Borough Corporation	800-PFCB (7322)
Port-of-Spain City Corporation	800-PSCC (7722)
Princes Town Regional Corporation	800-PTRC (7872)
San Fernando City Corporation	800-SCDU (7238)
Sangre Grande Regional Corporation	800-SGRC (7472)
San Juan/Laventille Regional Corporation	800-SLRC (7572)
Siparia Regional Corporation	800-4SRC (4772)
Tunapuna/Piarco Regional Corporation	800-TPRC (8272)
Tobago Emergency Management Agency	211

For further information and handy tips, be sure to visit the ODPM's website at www.odpm.gov.tt

May 27, 2022

KEEP MNS SAFE FROM COVID-19



The Ministry of Health (MoH) wishes to advise of the following requirements for the administration of the peadiatric Pfizer COVID-19 vaccine:

- All children, ages 5-11, are eligible to receive the peadiatric Pfizer COVID-19 vaccine
- . Children must be accompanied by their parent/guardian
- Parents/Guardians must walk with:
- a form of Identification
- · proof of relationship to child (guardians only)
- · the birth certificate of the child/ward

Vaccination locations open Monday - Friday

- NWRHA 8am-3pm
 Carenage Health Centre
- . Diego Martin Health Centre
- Petit Valley Health Centre
 Barataria Health Centre
- Morvant Health Centre
- The Paddock Queen's
- Park Savannah (Sat 9am-3pm)
- · San Juan Health Centre

NCRHA 8am-3pm

- · Larry Gomes Drive Thru (Sat 8am-3pm)
- Arima Health Facility
 La Horquetta Health Centre
- Maloney Health Centre
- UTT Monroe Road Campus (Sat 8am-3pm)
- Chaguanas Health Centre
- COSTAATT El Dorado Campus
- . St. Joseph Health Centre Arouca Health Centre

- SWRHA 8am-3pm
 SAPA (Sat 8am-12pm)
 Couva District Health Facility
- Freeport Health Centre Debe Health Centre
- · Ste Madeleine Health Centre
- Siparia District Health Facility
- . Point Fortin Health Centre
- · Cedros Health Centre
- Princes Town District
- **Health Facility**
- . Marabella Health Centre · Fyzabad Health Centre

ERHA 8am-3pm

- Valencia Health Centre
- Toco Health Centre
- · Rio Claro Health Centre
- Mayaro District Health Facility Sangre Grande Civic Centre







Ministry of Health-Trinidad and Tobago





TRHA 8am-4pm
• Roxborough Health Centre

 Scarborough Health Centre . Moriah Health Centre

· Canaan Health Centre

May 27, 2022

DIABETES: WHAT YOU NEED TO KNOW



Today's Welness

DIABETES: KNOW YOUR NUMBERS



- · Frequent urination, especially at night
- Feeling of extreme thirst
- Feeling very hungry
- Seeing blurry
- Numbness or tingling in hands or feet
- Feeling very tired
- Having very dry skin
- · Having sores that heal slowly
- Having more infections than usual
- Losing weight
- Having dry, itchy skin

Then you should visit your health care provider to get your blood sugar checked.

> Share this information to show that you care.



Healthy me...Healthy you...Healthy T&T.









TrinidadHealth





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